Types of phases within exercise test protocols. These phases will have numbers in case there are more than one of them.

* Resting (pre-exercise)
* Warm-up/baseline
* Steady state
  + Moderate domain
  + Heavy domain
* Incremental
  + Ramp
  + Step
* Constant load (I think these are always step transitions. These are for kinetics tests.)
* Recovery
  + Mid-test
  + Final/end of test
* Verification bout

Other considerations

* Basis
  + Standardized (e.g., Bruce)
    - If you have something for males vs. females, is it still standardized?
  + Physiological (e.g., based on time trial)
  + How do you indicate if just speed *or* just grade is physiological and the other is standardized?
    - If *either* are physiological should that stage be considered “physiological”?
    - Do *both* have to be physiological for the stage to be considered physiological?
      * It would seem rare, but I guess you could have a protocol that adjusts speed and grade according to a time trial.